



# AUGUST



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>August Step Counting Contest!</b>            For the Month Of August, We will be Having a 'Steps Contest!'            We have a limited number of Pedometers at the front desk – we can attach them to your shoes, and let the steps begin! We will record your steps daily and at the end of the month see how far you walked in August! Come to the desk to get yours &amp; let's get walking!</p>						
<p><b>4</b>            10am:            St Marks Anglican Church            Live Stream Service            TV Room-2<sup>nd</sup> Fl            3pm: <b>Golf</b>  <b>Sisters Day!</b></p>	<p><b>5 It's Neveah's Birthday!</b>            9:30am: <b>Happy Hearts-Gym</b>            10am: <b>Resident Walk</b>            1pm: <b>Billiards</b>            3pm: <b>Bingo</b>  <b>Civic Holiday!</b></p>	<p><b>6</b>            9:30am: <b>Residents Walk</b>            10am: Making Music Together            2pm: <b>Card Bingo</b>            6:30pm: <b>I Love Lucy 2<sup>nd</sup> Fl</b>  <b>Happy Birthday Lucille Ball</b></p>	<p><b>7</b>            9:30am: <b>Wordle</b>            1pm: <b>Pablo Visits!</b> -1<sup>st</sup> Fl Lounge            2pm: <b>Euchre</b>            7pm: Teach N Tech -Brian</p>	<p><b>8</b>            10am: <b>Resident Walk</b>            10:30am: Therapy Paws            1pm: Painting with Jackie            2pm: Knit N Chat            3pm: <b>Mind Bogglers</b></p>	<p><b>9</b>            9:30am: <b>Get Energized</b>            10:30am: Baking With Christine            3pm: <b>Golf</b>  <b>International Day of Indigenous People</b></p>	<p><b>3 It's Sheila's Birthday!</b>            1pm: <b>Euchre</b>            6:30pm: Music Café            Celebrating Tony Bennett's Birthday!            With Tony Bennett Tunes</p>
<p><b>11</b>            10am:            St Marks Anglican Church            Live Stream Service            TV Room-2<sup>nd</sup> Fl            2pm: <b>Dominoes</b></p>	<p><b>12</b>            9:30am: <b>Wordle</b>            10am: <b>Residents Walk</b>            1pm: <b>Billiards</b>            3pm: <b>Bingo</b>  <b>'World Elephant Day!</b></p>	<p><b>13</b>            9:30am: <b>Get Energized</b>            2pm: <b>Card Bingo</b>            4pm: Happy Hour with <b>Gary Heaslip!</b></p>	<p><b>14</b>            9:15am: <b>Zumba</b>            2pm: <b>Euchre</b>            3pm: <b>What Does Your Birthstone Mean?</b>            7pm: Teach N Tech -Brian  <b>Wear your Birthstone Day!</b></p>	<p><b>15</b>            9:30am: Making Music Together            10am: <b>Residents Walk</b>            11am: Church With Rev Lynn            2pm: Knit N Chat            3pm: <b>'Roll a Tie Dice Bingo'</b></p>	<p><b>16</b>            9:30am: <b>Get Energized</b>            3pm: <b>Golf</b>  <b>Remembering Elvis Today!</b></p>	<p><b>17</b>            1pm: <b>Euchre</b>            3pm: <b>Golf</b>            6:30pm: Music Café</p>
<p><b>18</b>            10am:            St Marks Anglican Church            Live Stream Service            TV Room-2<sup>nd</sup> Fl            2pm: <b>Chess</b></p>	<p><b>19</b>            9:30am: <b>Get Energized</b>            10am: <b>Residents Walk</b>            1pm: <b>Billiards</b>            3pm: <b>Bingo</b></p>	<p><b>20</b>            9:30am: <b>Get Energized</b>            10am: <b>Words In A Word</b>            1pm: 'Hear Well Be Well'            Hearing Clinic            2pm: <b>Card Bingo</b>  <b>National Lemonade Day!</b></p>	<p><b>21</b>            9:30am: <b>Chair Yoga</b>            1pm: <b>'Sunshine &amp; Stretches' in the Gazebo</b>            2pm: <b>Euchre</b>            3pm: Ice Cream Sundaes            7pm: Teach N Tech -Brian  <b>Wear White Wednesday</b></p>	<p><b>22</b>            9:30am: <b>Words In A Word</b>            10am: <b>Residents Walk</b>            10:30: Therapy Paws            1pm: Baking with Jackie            2pm: Knit N Chat            3pm: <b>Phone Scams &amp; Fraud Presentation! With Gail.</b></p>	<p><b>23 It's Mary D's Birthday! &amp; It's Don's Birthday!</b>            9:30am: <b>Get Energized</b>            1pm: <b>Drumming-Gym</b>            3pm: <b>Golf</b></p>	<p><b>24</b>            1pm: <b>Euchre</b>            3pm: <b>Golf</b>            6:30pm: Music Café</p>
<p><b>25</b>            10am:            St Marks Anglican Church            TV Room-2<sup>nd</sup> Fl            2pm: <b>Musical Entertainment</b> With Gary Faris &amp; Team</p>	<p><b>26</b>            9:30am: <b>Wordle</b>            10am: <b>Residents Walk</b>            1pm: Tenant Meeting            2pm: <b>Billiards</b>            3pm: <b>Bingo</b>  <b>U.S. Open Begins Today!</b></p>	<p><b>27 It's Debbie's Birthday!</b>            9:30am: <b>Resident Walk</b>            1pm: <b>Line Dancing</b> -1<sup>st</sup> Fl (50's &amp; 60's Theme)            2pm: <b>Card Bingo</b></p>	<p><b>28</b>            9:15am: <b>Zumba</b>            10am: <b>Words In A Word</b>            1pm: Walmart Trip            2pm: <b>Euchre</b>            3pm: <b>Orange Ice Cream Floats!</b>            7pm: Teach N Tech -Brian</p>	<p><b>29</b>            9:30am: <b>Wordle</b>            10am: <b>Resident's Walk</b>            2pm: Knit N Chat            3pm: <b>David Latham</b> On Piano-Birthday Cupcakes</p>	<p><b>30</b>            9:30am: <b>Get Energized</b>            1pm: <b>Drumming-Gym</b>            3pm: <b>Golf</b></p>	<p><b>31</b>            1pm: <b>Euchre</b>            3pm: <b>Golf</b>            6:30pm: Music Café  <b>Remembering the Life Of Princess Diana!</b></p>
<p><b>Every Sunday</b>            10:30am: Coffee &amp; Tea            3:00pm: Coffee &amp; Tea            4:00pm: Happy Hour &amp; Darts</p>	<p><b>Every Monday</b>  <b>Hairdresser Appointments</b>            10:30am: Coffee &amp; Tea            3:00pm: Coffee &amp; Tea            4:00pm: Happy Hour            6:30pm: Movie Night</p>	<p><b>Every Tuesday</b>            10:30am: Coffee &amp; Tea            3:00pm: Coffee &amp; Tea            4:00pm: Happy Hour            6:00pm: Uno</p>	<p><b>Wednesday</b>            10:30am: Coffee &amp; Tea            3:00pm: Coffee &amp; Tea            4:00pm: Happy Hour</p>	<p><b>Thursday</b>            10:30am: Coffee &amp; Tea            3:00pm: Coffee &amp; Tea            4:00pm: Happy Hour            6:00pm: Uno</p>	<p><b>Friday</b>  <b>Staff Casual Fridays</b>            10:30am: Coffee &amp; Tea            3:00pm: Coffee &amp; Tea            4:00pm: Happy Hour            6:30pm: Movie Night</p>	<p><b>Saturday</b>            10:30am: Coffee &amp; Tea            3:00pm: Coffee &amp; Tea            4:00pm: Happy Hour</p>