
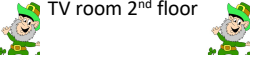






# March 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><i>“The first day of spring is one thing, and the first spring day is another. The difference between them is sometimes as great as a month.”</i></p> <p>Henry Van Dyke, Fisherman’s Luck</p>						<p><b>1</b> 10:30: Get Energized 1pm: <b>‘Seniors &amp; Exercise’</b> with Physio Peggy Bond-1<sup>st</sup> Floor. 3pm: Golf- Act Hall</p>	
<p><b>3 Happy BDay Mary S!</b></p> <p>10:00am: ‘St Marks’ Anglican Church Live stream service TV room 2<sup>nd</sup> floor</p> <p>3pm: Weekly Horoscopes</p>	<p><b>4</b></p> <p>10am: Outside Resident Walk 10:30am: <b>Watercolor Paint Class with Shari</b>-1<sup>st</sup> Floor 3pm: Bingo -Act Hall</p>	<p><b>5</b></p> <p>9:15: <b>Word in a Word</b> 9:30am: Outside Resident Walk 10:30: Get Energized 2pm: Card Bingo Act Hall 4pm: Vito on Guitar</p>	<p><b>6</b></p> <p>9:15am: Zumba 2pm: Euchre -2<sup>nd</sup> Fl Terrace 3pm: Uno- 1<sup>st</sup> Floor</p>	<p><b>7 Happy BDay Mary V!</b></p> <p>9:15: <b>Making Music Together</b> 10am: Outside Resident Walk 10:30am: <b>‘Communion’</b> with Rev Sandra &amp; Aiden 1pm: <b>‘Heads Up For Healthier Brains’</b> with Elaine Griffin- Alzheimer’s 2pm: <b>Knit ‘N Chat</b> 2<sup>nd</sup> Floor</p>	<p><b>8 International Women’s Day!</b></p> <p>10:30: Get Energized 3pm: Golf - Act Hall</p> <p>Check out our <b>‘Famous Women’ Display!</b></p>	<p><b>9</b></p> <p>9:30am: Drumming with Christine – 3<sup>rd</sup> Floor gym 10am: <b>News</b> 3pm: Golf- Act Hall</p> 	
<p><b>10</b></p> <p>10:00am: ‘St Marks’ Anglican Church Live stream service TV room 2<sup>nd</sup> floor</p> <p>3pm: Weekly Horoscopes</p>	<p><b>11</b></p> <p>9:15am: <b>Making Music Together</b> 10:30: Get Energized 1pm: <b>Come meet Pablo the Leopard Gecko!</b> 1<sup>st</sup> Floor with Carlee 3pm: Bingo -Act Hall</p>	<p><b>12 Happy BDay Patricia B!</b></p> <p>9:15am: <b>Wordle</b> 9:30am: Outside Resident Walk 10:30: Get Energized 2pm: Card Bingo Act Hall 4pm: Vito on Guitar <b>Footcare Appts Today</b></p>	<p><b>13</b></p> <p>9:15am: Zumba 2pm: Euchre -2<sup>nd</sup> Fl 3pm: <b>St Paddy’s Day Bingo With Brenda!</b> 1<sup>st</sup> Floor 7pm: ‘Teach &amp; Tech’ with <i>Brian</i></p>	<p><b>14</b></p> <p>9:15: <b>Making Music Together</b> 10am: Outside Resident Walk 10:30am: Therapy Paws 2pm: <b>Knit ‘N Chat</b> 2<sup>nd</sup> floor 3pm: Shuffleboard</p>	<p><b>15</b></p> <p>10:30: Get Energized 3pm: Golf- Act Hall</p>	<p><b>16</b></p> <p>10am: <b>News</b> 3pm: Golf- Act Hall</p>	
<p><b>17</b></p> <p>10:00am: ‘St Marks’ Anglican Church Live stream service TV room 2<sup>nd</sup> floor</p> <p>3pm: <b>St Paddy’s Day Live Entertainment</b> 1<sup>st</sup> Floor!</p> 	<p><b>18</b></p> <p>9:15am: <b>Making Music Together</b> 10am: Outside Resident Walk 3pm: Bingo -Act Hall</p>	<p><b>19</b></p> <p>9:15am: <b>Boggle</b> 9:30am: Outside Resident Walk 10:30: Get Energized 1pm: <b>‘Hear Well, Be Well’</b> 2pm: Card Bingo Act Hall 4pm: Vito on Guitar</p>	<p><b>20</b></p> <p>9:30am: <b>‘Chair Yoga’</b> 1pm: <b>Walmart Shopping</b> 2pm: Euchre -2<sup>nd</sup> Fl 2pm: Theatre Orangeville Trip 7pm: ‘Teach &amp; Tech’ with <i>Brian</i></p>	<p><b>21 Happy BDay Peggy H! &amp; Happy BDay Jenn D!</b></p> <p>9:15: <b>Making Music Together</b> 10am: Outside Resident Walk 11am: Church Service with Rev Lynn Thackwray 2pm: <b>Knit ‘N Chat</b> 3pm: <b>Making Spring Wreaths</b></p>	<p><b>22 Happy BDay Hilda! &amp; Happy BDay Dawna!</b></p> <p>10:30: Get Energized 1pm: <b>Bake with Jackie</b> 3pm: Golf - Act Hall</p>	<p><b>23 National Puppy Day!</b></p> <p>9:30am: Drumming with Christine – 3<sup>rd</sup> Floor gym 10am: <b>News</b> 3pm: Golf- Act Hall</p> <p><b>‘Earth Hour’ 8:30-9:30pm</b></p>	
<p><b>24</b></p> <p>10:00am: ‘St Marks’ Anglican Church TV room 2pm: <b>Baking With Christine</b> 3pm: Weekly Horoscopes</p>	<p><b>25</b></p> <p>9:15am: <b>Making Music Together</b> 10am: Outside Resident Walk 1pm: <b>Paint With Jackie</b> 3pm: Bingo -Act Hall</p>	<p><b>26</b></p> <p>9:15am: <b>Wordle</b> 9:30am: Outside Resident Walk 2pm: Card Bingo Act Hall 4pm: Vito on Guitar</p>	<p><b>27</b></p> <p>2pm: Euchre -2<sup>nd</sup> Fl Terrace 3pm: <b>Music N Motion</b> 7pm: ‘Teach &amp; Tech’ with <i>Brian</i></p> <p><b>Birthday Cupcakes @ Lunch!</b></p>	<p><b>28</b></p> <p>9:15: <b>Making Music Together</b> 10am: Outside Resident Walk 10:30am: Therapy Paws 2pm: <b>Knit ‘N Chat</b> 2<sup>nd</sup> Floor 3pm: ‘Guess the Licence Plate’</p>	<p><b>29</b></p> <p>10:30: Get Energized 3pm: Golf- Act Hall</p> 	<p><b>30</b></p> <p>10am: <b>News</b> 3pm: Golf- Act Hall</p>	
<p><b>31</b></p> 	<p><b>Every Sunday</b></p> <p>10:00am: Online Church Service St Marks Anglican 10:30am: Coffee &amp; Tea 3:00pm: Coffee &amp; Tea 4:00pm: Happy Hour</p>	<p><b>Every Monday</b></p> <p>10:30am: Coffee &amp; Tea 3:00pm: Coffee &amp; Tea 4:00pm: Happy Hour 6:30pm: Movie Night</p>	<p><b>Every Tuesday</b></p> <p>10:30am: Coffee &amp; Tea 3:00pm: Coffee &amp; Tea 4:00pm: Happy Hour</p>	<p><b>Wednesday</b></p> <p>10:30am: Coffee &amp; Tea 3:00pm: Coffee &amp; Tea 4:00pm: Happy Hour</p>	<p><b>Thursday</b></p> <p>10:30am: Coffee &amp; Tea 3:00pm: Coffee &amp; Tea 4:00pm: Happy Hour</p>	<p><b>Friday</b></p> <p><b>Staff Casual Fridays</b></p> <p>10:30am: Coffee &amp; Tea 3:00pm: Coffee &amp; Tea 4:00pm: Happy Hour 6:30pm: Movie Night</p>	<p><b>Saturday</b></p> <p>10:00am: Coffee &amp; Tea 3:00pm: Coffee &amp; Tea 4:00pm: Happy Hour</p>