










AUGUST



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 Happy BDay Grace! 10:30am: Coffee Time 3pm: Cold refreshments <i>National Raspberry Pie Day!</i>	2 CIVIC HOLIDAY NO PROGRAMS TODAY! 	3 Happy BDay Sheila! 10am: 'Get Energized' (Gym) 10:30am: Coffee time 3pm: Watermelon & Iced tea	4 "Zoomin Day" Video calls with family 10:30am: Coffee Time 3pm: Cold refreshments	5 Happy BDay Neveah! 10am: 'Get Energized' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments	6 Happy BDay Kelly! Staff Casual Friday 10:30am: Coffee Time 3pm: Cold refreshments 3pm: Golf (Activity Hall) 6:30pm: Movie Night	7 10:30am: Coffee Time 3pm: Cold Refreshments 3pm: Golf (Activity Hall)	
8 10:30am: Coffee Time 3pm: Cold Refreshments <i>Tokyo Olympics Closing Ceremony day</i>	9  10:30am: Coffee Time 3pm: Cold refreshments 3pm: Card Bingo (Act Hall) 6:30pm: Movie Night (Act Hall)	10 Happy BDay Tina! 10am: 'Get Energized' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments	11 "Zoomin Day" Video calls with family 10:30am: Coffee Time 3pm: Cold refreshments  5pm: Country BBQ!	12 10am: 'Get Energized' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments International Youth Day!	13 Staff Casual Friday 10:30am: Coffee Time 3pm: Cold refreshments 3pm: Golf (Activity Hall) 6:30pm: Movie Night National Left-handers Day!	14 10am: 'Drumming with Christine' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments 3pm: Golf (Activity Hall) 	
15 10:30am: Coffee Time 3pm: Cold Refreshments	16 Remembering Elvis Presley 1946-1977 10:30am: Coffee Time 3pm: Cold refreshments 3pm: Bingo (Act Hall) 6:30pm: Movie Night (Act Hall)	17 10am: 'Get Energized' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments 	18 "Zoomin Day" Video calls with family 10:30am: Coffee Time 3pm: Cold refreshments	19 10am: 'Get Energized' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments & 'Jeopardy' <i>(1st floor lounge)</i>	20 Staff Casual Friday 10:30am: Coffee Time 3pm: Cold refreshments 3pm: Golf (Activity Hall) 6:30pm: Movie Night	21 10:30am: Coffee Time 3pm: Cold Refreshments 3pm: Golf (Activity Hall)	
22 10:30am: Coffee Time 3pm: Cold refreshments 	23 Happy BDay Mary! & Happy BDay Don! 10:30am: Coffee Time 3pm: Cold refreshments 3pm: Card Bingo (Act Hall) 6:30pm: Movie Night (Act Hall)	24 10am: 'Get Energized' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments	25 "Zoomin Day" Video calls with family 10:30am: Coffee Time 3pm: National Banana Split Day!	26 Happy BDay Ken D! 10am: 'Get Energized' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments	27 Happy BDay Debbie! Staff Casual Friday 10:30am: Coffee Time 3pm: Cold refreshments 3pm: Golf (Activity Hall) 6:30pm: Movie Night	28 10am: 'Drumming with Christine' (Gym) 10:30am: Coffee Time 3pm: Cold Refreshments 3pm: Golf (Activity Hall)	
29 10:30am: Coffee Time 3pm: Cold refreshments	30 10:30am: Coffee Time 3pm: Cold refreshments 3pm: Bingo (Act Hall) 6:30pm: Movie Night (Act Hall)	31 10am: 'Get Energized' (Gym) 10:30am: Coffee Time August Birthday Cupcakes at lunch!!! 3pm: Cold Refreshments	AUGUST: This month was first called Sextillia – the Roman word for “sixth”, as it was the sixth month of the Roman year. It was later changed to August by the Emperor Augustus, and he named it after himself. 				

“Caught in the doldrums of August we may have regretted the departing summer, having sighed over the vanished strawberries and all that they signified. Now, however, we look forward almost eagerly to winter's approach. We forget the fogs, the slush, the sore throats and the price of coal, we think only of long evenings, of the books which we are really going to read this time, of the bright shop windows and the keen edge of the early frosts.”

— Denis Mackail