

## Lord Dufferin Centre Retirement Residence

# Our Home is in Public Health Unit Grey (Lockdown)

As per Provincial Guidelines Wellington-Dufferin-Guelph Public Health on December 26, 2020 WDG Public Health is under Grey (Lockdown) level in the provincial COVID-19 Response Framework: Keeping Ontario Safe and Open.

### Visitations

Scenario – Visitations	Grey (Lockdown)
<p>Please review Directive #3 and the Retirement Home COVID-19 Visiting Policy for full details on PPE, IPAC and other requirements.</p> <p><b>Allowing General Visitors (non-essential visitor)</b> A general visitor is a person who is <b>not an essential visitor</b> and visits:</p> <ul style="list-style-type: none"> <li>To provide nonessential services (may or may not be hired by the home or the resident and/or their substitute decision maker);</li> <li>For social reasons (e.g., family members or friends); and/or</li> <li>A prospective resident taking a tour of the home.</li> </ul>	<p><b>*Home may NOT be in outbreak but located in a region designated as Grey (Lockdown).</b> <i>Homes must follow the rules below.</i></p> <p><b>Not Permitted.</b></p> <p>A PHU may also advise further restrictions on visitors in part or all of the home, depending on the specific situation.</p>
<p><b>Allowing Essential Visitors</b> An essential visitor is a person performing essential support services (e.g., food delivery, inspector, maintenance, or health care services (e.g., phlebotomy) or a person visiting a very ill or palliative resident. <b>There are two types of essential visitors:</b></p>	<p>Homes must adhere to the requirements in any applicable directives issues by the Chief Medical Officer of Health (CMOH) and directions from their local PHU. This may include direction to take additional measures to restrict access and duration of visits during an outbreak or when the PHU deems necessary under the COVID-19 response framework: keeping Ontario safe and open (Provincial Framework). Please note that persons visiting a very ill or palliative resident are allowed in the home under any level and do not constitute caregivers or support workers.</p>
<p><b>1. Support Workers (Essential Visitor)</b> An essential visitor who is brought into the home when there are gaps in services to perform essential services for the home or for a resident in the home.</p>	<p>Any number of support workers may visit a resident in a home who are care providers (regulated health professionals or unregulated care providers) may visit a resident in a home at a time. A maximum of one (1) support worker who is NOT a care provider per resident may visit at a time.</p>
<p><b>2. Caregiver (Essential Visitor)</b> An essential visitor who is designated by the resident and/or their substitute decision-maker and visits to provide direct care to the resident.</p>	<p>A maximum of one (1) caregiver per resident may visit at a time. If two (2) caregivers live together, they may visit a resident at the same time.</p>
<p><b>Allowing Personal Care Service Providers (non-essential visitor)</b> A personal care service provider is a person who is <b>not an essential visitor</b> and visits to provide personal services to residents such as hair dressing and nail care.</p>	<p><b>Not permitted.</b></p>

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### Absences

<p style="text-align: center;"><b>Scenario – Absences</b></p>	<p style="text-align: center;"><b>Grey (Lockdown)</b></p>
<p>Please review Directive #3 and the Retirement Home COVID-19 Visiting Policy for full details on PPE, IPAC, requirements.</p> <p><i>Local PHU may also advise further restrictions in part or all of the homes, depending on the specific situation.</i></p> <p>Absence that does NOT include an overnight stay*</p> <ul style="list-style-type: none"> <li>• The home is compliant with all CMOH directives and directions from the PHU.</li> <li>• Upon return to the home, residents must be actively screened and monitored for symptoms but are not required to be tested or self-isolate.</li> <li>• Residents must always wear a face covering / mask when outside of the home (if tolerated) and be reminded about the importance of public health measures including physical distancing. The resident is responsible for supplying a face covering / mask while they are on absences. The home may, at its discretion, opt to supply face coverings / masks for absences.</li> <li>• Education on all required protocols for short absences, such as IPAC and PPE, will be provided by the home.</li> </ul>	<p>Home may <b>NOT</b> be in outbreak but still be in a region designated as level Grey. Homes must follow the rules below, even if they are NOT in outbreak but located in a region designated as Grey level.</p> <p>Retirement home residents may be permitted to leave the home for walks or essential outings (i.e., medical appointments, pharmacy, groceries).</p>
<p><b>Absence includes at least one overnight stay*</b></p> <ul style="list-style-type: none"> <li>• Residents must always wear a face covering / mask when outside of the home (if tolerated) and be reminded about the importance of public health measures including physical distancing. The resident is responsible for supplying a face covering / mask while they are on absences. The home may, at its discretion, opt to supply face coverings / masks for absences.</li> <li>• Education on all required protocols for short absences, such as IPAC and PPE, will be provided by the home.</li> <li>• Upon return to the home, residents must self-isolate for 14 days under Droplet and Contact Precautions but are not required to be tested upon re-entry to the home.</li> <li>• Residents who self-isolate for 14 days following an overnight stay may not receive general visitors, leave the home for short absences or for overnight stays.</li> </ul>	<p><b>Overnight absences not allowed.</b></p> <p>*A single-night emergency room visit does not trigger overnight absence requirements.</p>

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## Requirements for Social Activities

<p><b>Scenario – Requirements for Social Activities</b></p> <p>Please review Directive #3 and the Retirement Home COVID-19 Visiting Policy for full details on PPE, IPAC, requirements.</p> <p>All homes must meet these baseline requirements. Homes NOT in outbreak must also determine if the public health unit in which they are situated is in level Orange, Red, or Grey. If it is, the home must follow baseline requirements AND the requirements applicable to their colour.</p>	<p style="text-align: center;"><b>Grey (Lockdown)</b></p> <p>Home may <b>NOT</b> be in outbreak but still be in a region designated as level Grey. Homes must follow the rules below, even if they are NOT in outbreak but located in a region designated as Grey level.</p>
<p><b>Social Activities</b> (including Movies, Games, Pool, cards etc.)</p> <p>Retirement Homes are subject to the Ontario government’s restrictions on social gatherings*:</p> <p><i>*This does not apply to communal dining in Retirement Homes</i></p>	<p><b>Not permitted.</b></p> <p>No indoor organized social gatherings or activities or activities, except with members of the same household (e.g., a suite in the retirement home).</p> <ul style="list-style-type: none"><li>• Organized social gatherings or activities are not permitted indoors, but this does not preclude residents from meeting or using a common area of the home.</li><li>• The use of common areas should be determined by the room’s capacity based on the user’s ability to physically distance appropriately, and should be accompanied by usual preventative measures, such as masking and hand hygiene.</li></ul> <p>If in Shutdown, limiting capacity for outdoor organized public events or social gatherings to a five (5) person maximum.</p> <p>If in Grey, retirement homes are subject to the Ontario government restrictions on group size limits.</p>

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### New Admissions and Readmissions

Scenario – New Admissions and Readmissions	Grey (Lockdown)
<p>Please review Directive #3 and the Retirement Home COVID-19 Visiting Policy for full details on PPE, IPAC, requirements.</p>	<p>Home may <b>NOT</b> be in outbreak but still be in a region designated as level Grey. Homes must follow the rules below, even if they are NOT in outbreak but located in a region designated as Grey level.</p>
<p>Admission from community or hospital.</p>	<p>Allowed. The resident has been:</p> <ul style="list-style-type: none"> <li>• Tested for COVID-19, has a negative result and is transferred to the home within 24 hours of receiving the result; or</li> <li>• Confirmed infected and cleared of COVID-19. The receiving home has:</li> <li>• Sufficient staffing;</li> <li>• A plan to ensure the resident being admitted (except for those who have cleared COVID-19) can complete 14 days of self-isolation, under Droplet and Contact Precautions, and is tested again at the end of self - isolation, with a negative result. If the result is positive, the resident must complete another 14 days of self - isolation; and</li> <li>• Other COVID -19 preparedness measures</li> </ul>

### Requirements for Tours

Scenario – Requirements for Tours	Grey (Lockdown)
<p>Please review Directive #3 and the Retirement Home COVID-19 Visiting Policy for full details on PPE, IPAC, requirements</p>	<p>Home may <b>NOT</b> be in outbreak but still be in a region designated as level Grey. Homes must follow the rules below, even if they are NOT in outbreak but located in a region designated as Grey level.</p>
<p>Virtual tours should be implemented as much as possible.</p>	<p>In-person tours should be paused</p>