



Designation of Caregiver (s) Under COVID-19 Visitor Policy

Essential Visitors include a person performing essential support services (e.g., food delivery, inspector, maintenance, or health care services (e.g., phlebotomy) or a person visiting a very ill or palliative resident.

A **Caregiver** is a type of Essential Visitor who is **designated by the resident** or, if the resident is unable to do so, **their substitute decision-maker**. Caregivers (can include family members) visit to provide care / support to the resident including supporting feeding, mobility, personal hygiene, cognitive stimulation, communication, meaningful connection, relational continuity, and assistance in decision-making. Some examples of caregivers include family members who provide care, a privately hired caregiver, paid companions, and translators.

A resident may designate an external care provider as a Caregiver even though that individual would also be considered a Support Worker.

A **maximum of 2 Caregivers** may be designated per resident **in writing using this form**. Any subsequent changes will also be documented using this form.

Note: In order to limit infection, spread, a resident and/or their SDM should be encouraged to change the designation of their Caregiver in limited circumstances, including in response to:

- A change in the resident's care needs that is reflected in the plan of care; and/or
- A change in the availability of a designated Caregiver, either temporary (e.g., illness) or permanent.

Caregiver Responsibilities:

- All visitors are responsible for adhering to applicable directives including Directive #3, Ministry for Seniors and Accessibility guidelines and Lord Dufferin Centre Retirement Residence's visitor policy. Any non-adherence to the rules set out in the visitor policy could be basis for discontinuation of visits for the non-compliant visitor.
- Visitors should consider their personal health and susceptibility to the virus in determining whether visiting a retirement home is appropriate.

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- A maximum of 2 Caregivers per resident may visit where:
 - The Home is **NOT** in a PHU under **Orange (Restrict), Red (Control) or Grey (Lockdown)**, the home is **NOT** in an **outbreak**, and the resident is **NOT self-isolating or symptomatic**.
- A maximum of 1 Caregiver per resident may visit at a time where:
 - The Home **IS** in a PHU under **Orange (Restrict), Red (Control) or Grey (Lockdown)**, the Home **IS** in an **outbreak**, or the resident **IS self-isolating or symptomatic**.

***Note of exception:** If 2 Caregivers live together, they may visit a resident at the same time when the home is in a PHU under Orange (Restrict), Red (Control) or Grey (Lockdown), the Home is in an outbreak, or the resident is self-isolating or symptomatic.

- Prior to visiting any resident, visitors must follow screening requirements, including active screening, physical distancing, hand hygiene and masking for source control (surgical/medical masks only) for the duration of their visit in the home. Safety review as applicable (attest to reading / watching applicable materials the first time after policy released and at least once every month thereafter), which can be found at <https://lorddufferincentre.ca/> under Important COVID 19 Updates.
- At this time, a COVID Swab is not required for Designated Caregivers. However, Lord Dufferin Centre **strongly recommends** that all Designated Caregivers go for routine Covid testing biweekly. This is an added safety measure to protect all Residents and staff to ensure we continue to remain COVID free.