









JANUARY 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"JANUARY, The first month of the year, A perfect time to start all over again, Changing energies and deserting old moods, New beginnings, new attitudes" — Charmaine J Forde</p>		<p>1 Happy BDay Pam C (vol) <i>No Choir</i> 3pm: Bingo with Anna</p> 	<p>2 Happy BDay Brian(vol) <i>No Euchre No Brian</i> 3pm: 'Headlines' for 2018</p>	<p>3 <i>10am: 'Get Energized'</i> 3pm: Hot Chocolate and share / horoscopes for 2019</p>	<p>4  3pm: Odd New Year's Resolutions</p>	<p>5 2pm: Card Bingo</p>
<p>6 2pm: Golf</p>	<p>7 4pm: Vito on guitar</p>	<p>8 <i>No choir</i> 2pm: Jamboree Band (6) Bruce Wilson Craig Holmes 3pm: Bingo with Anna</p>	<p>9 Happy BDay Shirley J. 3pm: Music & Friends with Rick</p>	<p>10 Happy BDay Rosemary D. 4pm: Ukulele with Linda</p>	<p>11 3pm: Jeopardy</p>	<p>12 2pm: 'Feathers, Fins & Fur'</p>
<p>13 2pm: Golf</p> 	<p>14 Happy Bday Verda 11am: Bible Stories & Hymn sing with Herman & Verda 2pm: David Lamble & April</p>	<p>15 Happy BDay Asmma! 3pm Bingo with Anna</p>	<p>16 2pm: Progressive Euchre Tournament</p>	<p>17 Happy BDay Sherry 11am: Communion in the Chapel 2-3:30pm 'Winter Warm Up' Party with Country Singer Debbie BeChamp</p>	<p>18 3pm: Dominoes</p>	<p>19 2pm: Card Bingo</p> 
<p>20 Happy BDay Betty A. 2pm: Golf</p>	<p>21 Happy BDay Sara Ann! (vol) 3pm: Poetry with Joanne 4pm: Vito on Guitar</p>	<p>22 3pm Bingo with Anna</p> 	<p>23 3pm: 'That Piano Man' Stan Chang</p>	<p>24 Happy Bday Marina 4pm: Ukulele with Linda</p>	<p>25 3pm: Lord Duffy Family Feud Game with Debbie</p>	<p>26 Happy Bday Alexis(kit) 2pm: Card Bingo</p>
<p>27 3pm: Birthday and Welcome Celebration</p>	<p>28 Happy Bday Arlene! 11am: Bible Stories & Hymn sing with Herman & Verda 3pm: Urban Myth</p>	<p>29 2pm: 'Hear Well Be Well' with Nancy 3pm Bingo with Anna</p>	<p>30 3pm: Music & Friends with Rick</p>	<p>31 Happy Bday Leona (Hskping) 11:15am: Princess Elizabeth -Winter Song sing along</p>	<p>"The coming year is filled with opportunity; our hopes are that you are successful in all you do."</p>	
<p>Every Sunday 10:15 St. Timothy's Service 10:30 Coffee Club 10:45 Therapeutic Paws 4:00 Happy Hour 6:30 Movie Night</p> 	<p>Every Monday 10:00 Fun and Fitness 10:30 Coffee Club 10:45 Advanced Physio 1:15 Shopping 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Tuesday 10:30 Zumba 10:30 Coffee Club 11:00 Choir 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Wednesday 10:00 Chair Yoga 10:30 Coffee Club 10:45 Falls Prevention 11:00 Therapeutic Paws 1:00 Connect with Brian 2:00 Euchre with John 4:00 Happy Hour</p>	<p>Every Thursday 10:30 Coffee Club 1:00 Advanced Physio 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Friday Casual Fridays 10:00 Chair Yoga 10:30 Coffee Club 10:45 Falls Prevention 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Saturday 10:30 Coffee Club 11:00 Rosary Group 4:00 Happy Hour 6:30 Movie Night*</p> 