




November

2018



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|--|---|---|
| <p>Daylight savings time ends this month! Saturday night November 3rd, set your clocks back one hour at bedtime! If you need assistance with changing the time on your clock please see a service worker.</p> | | | | <p>1 Happy BDay Nova! 10am: 'Get Energized' 3pm: 'Find A Friend' with... 4pm: 'Ukulele' Girls</p> | <p>2 Happy BDay Linda L. (vol.) 3pm: Maple Leaf Toss</p> | <p>3 LDC's 20th Anniversary Celebration 1:30-4:30pm <i>'Monte Carlo Day'</i></p> |
| <p>4 2pm: Golf 3pm: Pianist Ashley Stewart</p> | <p>5 'Ola Finesse' Jewelry 11:30am-4:30pm 11am: Bible stories & Hymn sing with Herman and Verda 2pm: David Lamble & April</p> | <p>6 3pm: Bingo with Anna 4pm: Jazz Jam</p> | <p>7 Happy BDay Austin & Happy BDay Amanda 11am:  Remembrance Day Ceremony 3pm: 'Music and Friends' with Rick</p> | <p>8 3pm: Riddles & Rhymes</p> | <p>9 3pm: 'Remembrance Day' Puzzles & memories</p> | <p>10 2pm: 'Feathers, Fins and Fur'</p> |
| <p>11 Remembrance Day 11am trip to Cenotaph 2pm: Golf </p> | <p>12 3pm: Poetry with Joanne 4pm: Vito on guitar</p> | <p>13 Happy BDay Irene W & Happy Bday Madeline (Kit) 3pm: Bingo with Anna 4pm: Jazz Jam</p> | <p>14 2pm: "Wheel OF Fortune" with Debbie</p> | <p>15 11am: Communion in the chapel 4pm: 'Ukulele' Girls</p> | <p>16 3pm: Urban Myth - Truth or False? 7pm: Tractor Parade of Lights</p> | <p>17 4:30pm: <i>Early Dinner</i> 5:30pm: 'Santa Claus' Christmas Parade</p> |
| <p>18 Happy BDay Donna B (vol) 2pm: Golf</p> | <p>19 11am: Bible stories & Hymn sing with Herman and Verda 3pm: Wine & Canvas with Alli</p> | <p>20 Happy BDay Emily(kit) 3pm: Bingo with Anna 4pm: Jazz Jam</p> | <p>21 Happy BDay Dicky! 3pm: 'Music and Friends' with Rick</p> | <p>22 2pm: Talk on 'Elder Abuse' & Alzheimer's with Courtney</p> | <p>23 2-4pm: Residents Scavenger hunt, snacks, music and prizes!</p> | <p>24 2pm: 'Welcome & Birthday Party' With pianist David Latham</p> |
| <p>25 2pm: Card Bingo 3pm: Frank & Mia 'A Taste of Christmas'</p> | <p>26 2pm: Making Christmas Wreaths for your door 4pm: Vito on guitar</p> | <p>27 2pm: 'Hear Well, Be Well' with Nancy 3pm: Bingo with Anna 4pm: Jazz Jam</p> | <p>28 11am-3pm 'Shiny Jewelry' 1:00pm Tenant Mtg 3pm: 'Jeopardy' 6:30-7:00pm Sweet Adeline's</p> | <p>29 3pm: Plinko! 4pm: 'Ukulele' Girls</p> | <p>30 3pm: Golf</p> |  |
| <p>Every Sunday 10:30 Coffee Club 10:45 Therapeutic Paws 4:00 Happy Hour 6:30 Movie Night</p> | <p>Every Monday 10:00 Fun and Fitness 10:30 Coffee Club 10:45 Advanced Physio 1:15 Shopping 4:00 Happy Hour 6:30 Movie Night</p> | <p>Every Tuesday 10:30 Zumba 10:30 Coffee Club 11:00 Choir 4:00 Happy Hour 6:30 Movie Night</p> | <p>Every Wednesday 10:00 Chair Yoga 10:30 Coffee Club 10:45 Falls Prevention 11:00 Therapeutic Paws 2:00 Euchre with John 4:00 Happy Hour 6:00 Connecting with Brian</p> | <p>Every Thursday 10:00 Fun & Fitness 10:30 Coffee Club 1:00 Advanced Physio 4:00 Happy Hour 6:30 Movie Night</p> | <p>Every Friday Staff Casual Fridays 10:00 Chair Yoga 10:30 Coffee Club 10:45 Falls Prevention 4:00 Happy Hour 6:30 Movie Night</p> | <p>Every Saturday 10:30 Coffee Club 11:00 Rosary Prayer Group 4:00 Happy Hour 6:30 Movie Night</p> |