





well hello, march



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>“It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.” -Charles Dickens</p>				<p>1 Chinese Lunch Buffet 2pm: Yoga with LORI</p>	<p>2 3pm: Golf</p>	<p>3 2pm: ‘Feathers, Fins and Fur’</p>
<p>4 2pm: Card Bingo 3pm: Pianist Ashley Stewart</p>	<p>5 11:15am: ‘Get Energized’ 3pm: ‘Wine and Canvas’ With Alli</p>	<p>6 Happy BDay Ryan (Volunteer) 2pm: Hear Well, Be Well. 4pm: Jazz Jam</p>	<p>7 10am: Chair Yoga 3pm: ‘That Piano Man’ Stan Chang</p>	<p>8 Happy BDay Kate L! Happy BDay Liam (Vol.) 2pm: Yoga With LORI Popcorn Day! Join us at the movie 6:30pm this evening for freshly popped popcorn & cold drinks!</p>	<p>9 3pm: Golf ‘Old Stuff Day’ Bring down your ‘Old & Loved’ item for display and a chat!</p>	<p>10 2pm: ‘Game Of The Week’ </p>
<p>11 2pm: Card Bingo</p>	<p>12 Happy BDay Patricia B! 11am: Bible stories & Hymn sing with Herman and Verda 2pm: David Lamble & April 4pm: Vito on guitar</p>	<p>13 3pm: ‘Habitat for Humanity’ – Right here in our community. - with Brenda Seltzer 4pm: Jazz Jam</p>	<p>14 Happy BDay Nancy! 10am: Chair Yoga 3pm: ‘Music and Friends’ with Rick</p>	<p>15 11am: Communion 2pm: Yoga with LORI</p>	<p>16 3pm: Golf 6:30pm: ‘A Celtic Night’ with Rhythm Foot (Leahy Family)</p>	<p>17 Happy BDay Trish M (Service Worker) 2pm: Irish Puzzles and Trivia- Truth or Blarney?  St.Patrick's Day</p>
<p>18 2pm: Card Bingo 3pm: Frank & Mia</p>	<p>19 Happy Bday Marg S 3pm: ‘What makes you Happy’ ‘Make someone Happy today’ Do something nice for the ones around you today! A phone call, a smile! Be happy.</p>	<p>20 Happy Bday Marg E & Happy BDay Ray (hskp) & Happy BDay Lorie(Vol.) 3pm: Spring Horoscopes 4pm: Jazz Jam</p>	<p>21 Happy Bday Jenn D (kitchen) 10am: Chair Yoga 3pm: ‘An hour with Manvir’</p>	<p>22 2pm: Yoga with LORI ‘Mad For Plaid Day’ Wear your Plaid shirts, pants, and hats today!</p>	<p>23 3pm: Golf</p>	<p>24 2pm: Card Bingo</p>
<p>25 </p>	<p>26 11am: Bible stories & Hymn sing with Herman and Verda 3pm: Making ‘Spring’ Wreaths for your door 4pm: Vito on guitar</p>	<p>27 3pm: Packaging treat bags for the SPCA 4pm: Jazz Jam</p>	<p>28 Happy BDay Edie V Happy BDay Jasmine (Vol.) 10am: Chair Yoga 3pm: ‘Music and Friends’ with Rick 6pm Dufferin Children’s Choir</p>	<p>29 2pm: Yoga with LORI</p>	<p>30 3pm: Golf </p>	<p>31 2pm: ‘Welcome & Birthday Party’ With Gary & Kara</p>
<p>Every Sunday 10:00 Church Service Ch.8 10:30 Coffee Club 10:45 Therapeutic Paws 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Monday 10:00 Fun and Fitness 10:30 Coffee Club 10:45 Advanced Physio 1:15 Shopping 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Tuesday 10:30 Zumba 10:30 Coffee Club 11:00 Choir 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Wednesday 10:00 Chair Yoga 10:30 Coffee Club 10:45 Falls Prevention 11:00 Therapeutic Paws 2:00 Euchre with John 4:00 Happy Hour 6:00 Connecting with Brian</p>	<p>Every Thursday 10:30 Coffee Club 1:00 Advanced Physio 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Friday Staff Casual Fridays 10:00 Fun and Fitness 10:30 Coffee Club 10:45 Falls Prevention 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Saturday 10:30 Coffee Club 4:00 Happy Hour 6:30 Movie Night</p>