



FEBRUARY 2018



LORD DUFFERIN CENTRE
Retirement Residence

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>“The more you praise and celebrate your life the more there is in life to celebrate”-Oprah</i></p>				<p>1 1pm Food Mtg Meeting</p> <p>2pm: Chair Yoga 3pm: Stan Chang</p>	<p>2 Happy BDay Jim!</p> <p>Groundhog Day! 3pm: Golf</p>	<p>3 Happy 100th BDay Ursula!</p> <p>3pm: ‘Game of the Week’</p>
<p>4 Tune in at 6:30pm NFL Super Bowl 2pm: Card Bingo 3:15pm: Pianist Ashley Stewart</p>	<p>5 Happy BDay Dave H! <i>‘Get Energized’</i></p> <p>3:30pm Wine & Canvas</p>	<p>6 1-2pm Heart and Stroke Fundraiser Challenge 4pm: ‘Jazz Jam’</p>	<p>7 No Euchre</p> <p>3pm: ‘Music & Friends’ with Rick!</p>	<p>8 Happy BDay Peggy B (Volunteer)</p> <p>2pm: Chair Yoga</p> <p>4pm Rotary Beer Tasting Survey</p>	<p>9 Winter Olympics 2018 Begins</p> <p>3pm: Golf</p>	<p>10</p> <p>3pm: ‘Game of the Week’</p>
<p>11</p> <p>2pm: Card Bingo</p>	<p>12 11am: Bible stories & Hymn sing with Herman and Verda 2pm: David Lamble & April Martin</p>	<p>13</p> <p>3pm: ‘Munchies’ & Mind Bogglers 4pm: ‘Jazz Jam’</p>	<p>14 <i>Valentine’s Day</i> 5pm Venetian ‘Masquerade’ Dinner Party</p>	<p>15</p> <p>11am Communion in the Chapel 2pm: Chair Yoga</p>	<p>16</p> <p>3pm: Golf</p>	<p>17 Happy BDay Lou! (Kitchen)</p> <p>3pm: ‘Game of the Week’</p>
<p>18</p> <p>2pm: Card Bingo 3pm: Frank & Mia Sing Along</p>	<p>19 Family Day Share your Family Photos</p>	<p>20</p> <p>3pm: ‘Tea, Treats, and Tall Tales’ 4pm: ‘Jazz Jam’</p>	<p>21 2pm Theatre Orangeville ‘Trudeau Stories’ Matinee</p> <p>3pm: ‘Music & Friends’ with Rick!</p>	<p>22 Happy BDay John R (vol)</p> <p>2pm: Chair Yoga</p>	<p>23 Happy BDay Cheryl (Kitchen)</p> <p>3pm: Golf</p>	<p>24 Happy BDay Karin W</p> <p>3pm: ‘Game of the Week’</p>
<p>25 Winter Olympics Finale</p> <p>2pm: Card Bingo</p>	<p>26 2pm: ‘Welcome & Birthday Party’ with Piano Player David Latham 4pm: Vito on guitar</p>	<p>27</p> <p>3pm: Cheerio Bird Feeders 4pm: ‘Jazz Jam’</p>	<p>28 Happy BDay Murray G & Happy BDay Christine S</p> <p>National Pink Shirt Day in support of Anti Bullying 3pm: Bullying-What does that mean?</p>	<p>February is Heart and Stroke Month!</p>		
<p>Every Sunday 10:00 Church Service Ch.8 10:30 Coffee Club 10:45 Therapeutic Paws 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Monday 10:00 Fun and Fitness 10:30 Coffee Club 10:45 Advanced Physio 1:15 Shopping 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Tuesday 10:30 Zumba 10:30 Coffee Club 11:00 Choir 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Wednesday 10:00 Chair Yoga 10:30 Coffee Club 10:45 Falls Prevention 11:00 Therapeutic Paws 2:00 Euchre with John 4:00 Happy Hour 6:00 Getting Connected with Brian</p>	<p>Every Thursday 10:30 Coffee Club 1:00 Advanced Physio 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Friday Staff Casual Fridays 10:00 Fun and Fitness 10:30 Coffee Club 10:45 Falls Prevention 4:00 Happy Hour 6:30 Movie Night</p>	<p>Every Saturday 10:30 Coffee Club 4:00 Happy Hour 6:30 Movie Night</p>