

# Lord Dufferin Centre Sample Calendar

*Imagine a better way of living!*



LORD DUFFERIN CENTRE  
Retirement Residence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 3:00pm Scenic tour of Orangeville tree sculptures 6:00pm Words within a word	2 10:30 Sensory Stimulation 3:00 Anne Marie Dance Academy Recital	3 3:00 A Poetic Hour with tea & croissants on the Terrace 6:00 Billiards , Beer & Nuts	4 2:00 Book Club 3:00 Motorcycle Rides 6:30 Bible Study	5 12:00 Lunch Club (The Globe Restaurant) 3:00 A Visit from Hearing Sciences & Audiology	6 3:00 A Norman Rockwell Showing
7 3:00 Hymn Sing 6:00 The Price is Right	8 2:00 Practice your Swing Driving Range 3:00 Drum Circle Presentation 6:00 Sudoku	9 12:00 BBQ on the Terrace 3:00 Debate Club 6:00 Canadian Trivia	10 11:00 Catholic Mass 3:00 Craft Watercolour Painting 6:00 Canadian Air Aces & Heroes	11 3:00 Afternoon Tea & Piano Music 4:00 Happy Hour (Coconut Rum & Pineapple juice)	12 3:00 Sewing Odds & Ends 6:00 Double Trouble (Live Elvis Show—2 Impersonators)	13 12:00 Picnic @ Island Lake 3:00 Benefits of Emu & Aromatherapy Oils
14 9:00-5:30—Trip to Casino Rama 2:00 High Tea	15 3:00 Indoor Gardening Growing Healthy House Plants 4:00 Food Committee Meeting 6:00 Big Band Music Request Night	16 2:00-4:00 Walker Wash & Tune Ups 3:00 Baking Banana Bread 6:00 Evening Stroll	17 1:00 Take a Scenic Rail Trip on the Credit Valley Explorer 3:00 Antique Show 6:00 Memories are Made of This	18 11:00 Communion 3:00 Healthy Hearts 7:00 Indoor Campfire & Sing-A-Long	19 1:00 Program Planning Meeting 3:00 Relax with a Gentle Massage	20 3:00 Travel Club - Out of Africa 7:00 Sing & Dance Along with Accordion Sounds
21 1:00 Theatre Orangeville 3:00 Healthy Living/Healthy Choices	22 2:00 Sing-A-Long with Friends 6:00 Board Games	23 3:00 Glamour Shots 6:00 Scrapbooking	24 3:00 Understanding your Prescriptions, Drug Management & Disposal	25 Shop Newmarket 3:00 World News 6:00 Wii Interactive Bowling	26 3:00 Victorian Fashion Show 7:00 Pub Night with A Blast from the Past	27 3:00—Documentary Planet Earth
28 3:00 Happy Birthday & Welcome Party Celebrations	29 3:00 Canadian Jeopardy 6:00 A Giggle Before Bedtime	30 3:00 This is your Life (special Recognition) 6:00 A Reading from Chicken Soup for the Golden Soul				
Daily Programs 10:00—Church Service 11:15 Therapeutic Paws 2:00 Card Bingo 4:00 Happy Hour 6:30 Movie Night with Ice Cream	→ → → Daily Programs 10:00 Exercise 10:30 Coffee Club 11:00 Book Club 4:00 Happy Hour	→ → → 10:00 Exercise 10:30 Coffee Club with Therapeutic Paws 11:00 Choir 1:30 Cards 4:00 Happy Hour	→ → → 10:00 Exercise 10:30 Coffee Club 10:45 Fall Prevention 2:00 Sr. Cyber Session 2:00 Life Stories 4:00 Happy Hour 6:15 Tai Chi	→ → → 10:00 Exercise 10:30 Coffee Club 1:00& 1:30 Shopping 4:00 Happy Hour	→ → → 10:00 Exercise 10:30 Coffee Club with World News 10:45 Falls Prevention 4:00 Happy Hour 6:30 Movie & Popcorn night	→ → → 2:00 Bingo 4:00 Happy Hour 7:00 Music Cafe